

# Annual Report - 2023-24

## Anugraha Regional Resource & Training Centre on Ageing

(Under aegis of Ministry of SJE, GoI)

Submitted to

**Ministry of Social Justice & Empowerment,  
Govt. of India**



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# ANNUAL REPORT

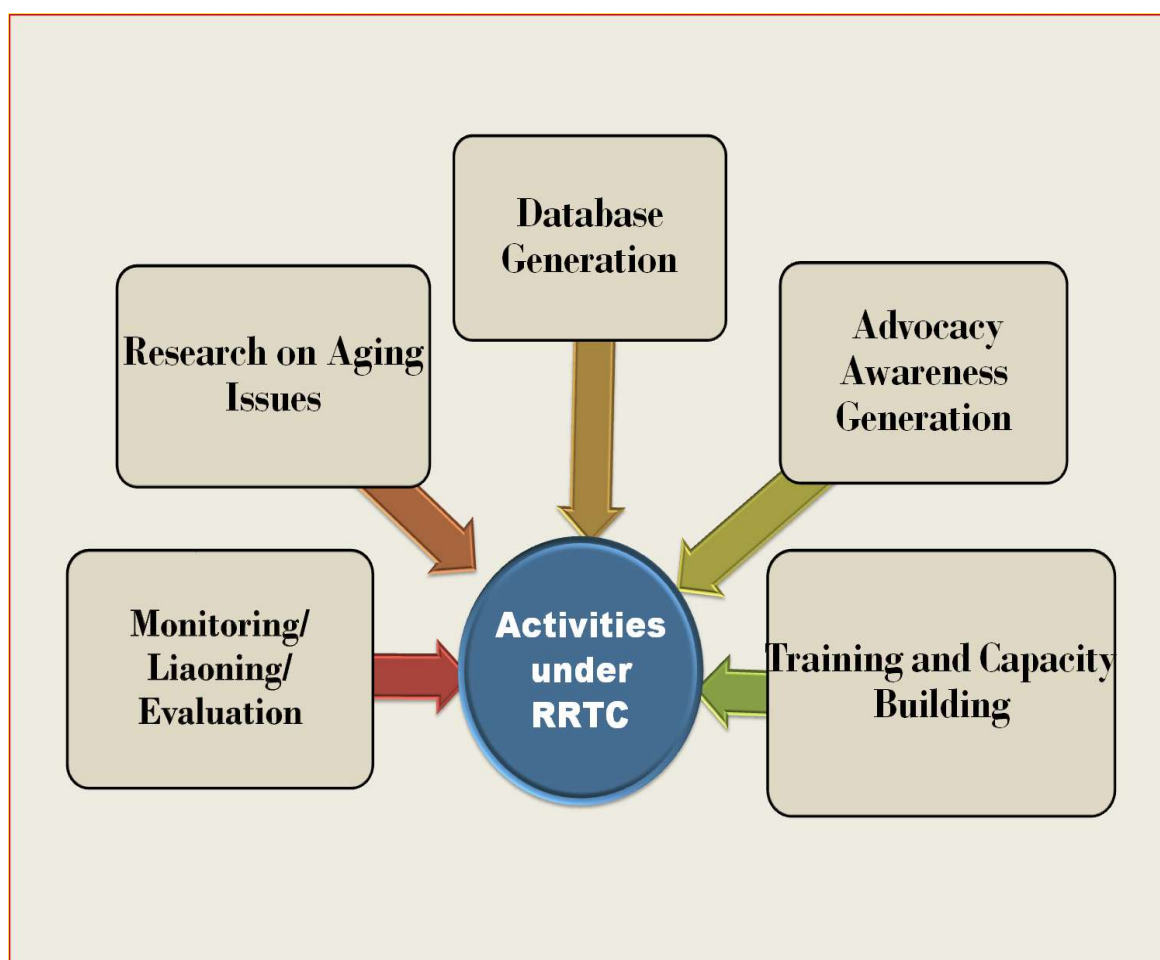
## ANUGRAHA

### Regional Resource & Training Centre on Ageing (Under aegis of Ministry of SJE, GoI) FY (2023-24)

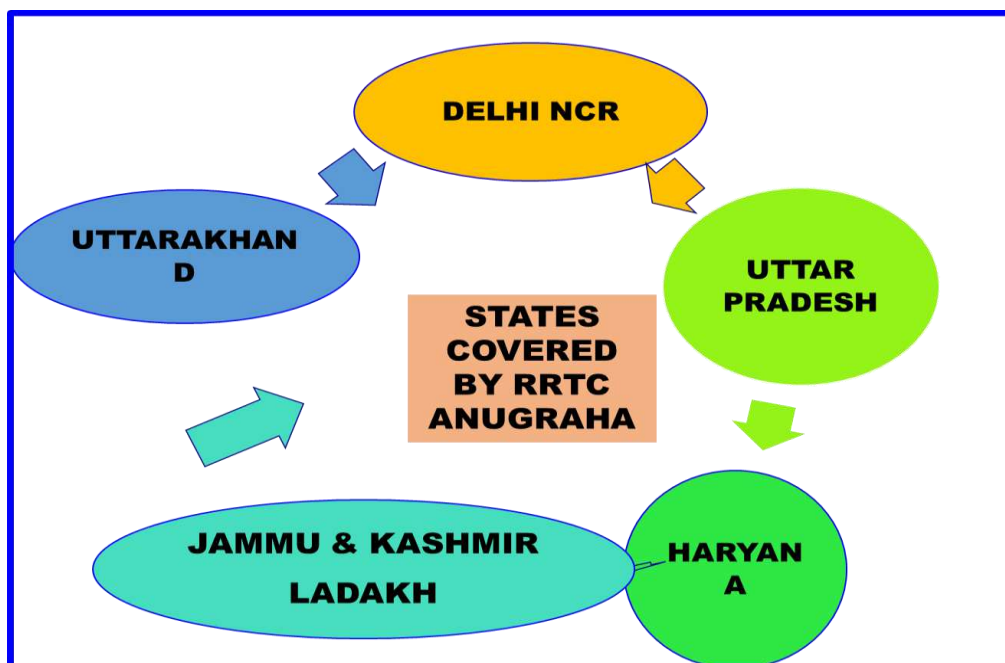
1.	NAME OF RRTC :	Anugraha
2.	ADDRESS OF THE PROJECT	Swabhiman Parisar, Kasturba Nagar, Shahdara, Delhi-110032
3.	ADDRESS OF CONTACT PERSON	Dr. Aabha Chaudhary (Chief functionary) B-33, Arya Nagar Apts, 91, I.P. Extn. Delhi-92 Ph: 09868803299 / 8130036936
4.	YEAR OF ESTABLISHMENT	2010
5.	NO. OF MINISTRY-AIDED NGOS COVERED UNDER RRTC :	(Annexure –IV) 71
6.	Training & Capacity Building / sensitization programmes	
a)	Total no. of trainings conducted during the year	7
b)	i.) Total no. of people trained	125
	ii) Profile	Senior Citizens, Students, Police, lawyers, Govt. Officials, Youth, NGOs & caregivers.
c)	Details of Awareness/ Sensitization programmes organized	Encl.
7.	Documentation & Media Activities (List of Databases maintained and updated by the RRTC)	
d)	List of IEC material developed	Encl.
8.	Monitoring of NGOs - (Name of NGOs/Centers)	

## I. Background:

Under the Grant in Aid scheme of Integrated Scheme of Older Persons, from year 2010 Ministry of Social justice & Empowerment, has set up India's first RRTC –Ageing through Anugraha in Delhi. RRTC Anugraha, Delhi is covering the States of Haryana, Delhi, Jammu & Kashmir, Punjab, Himachal Pradesh, Chandigarh and Uttarakhand. Its mandate is to carry out advocacy, awareness generation, training of stakeholders, database generation, research and liaising with the State Governments of the States assigned to it in the field of old age care.



## II. States Covered :

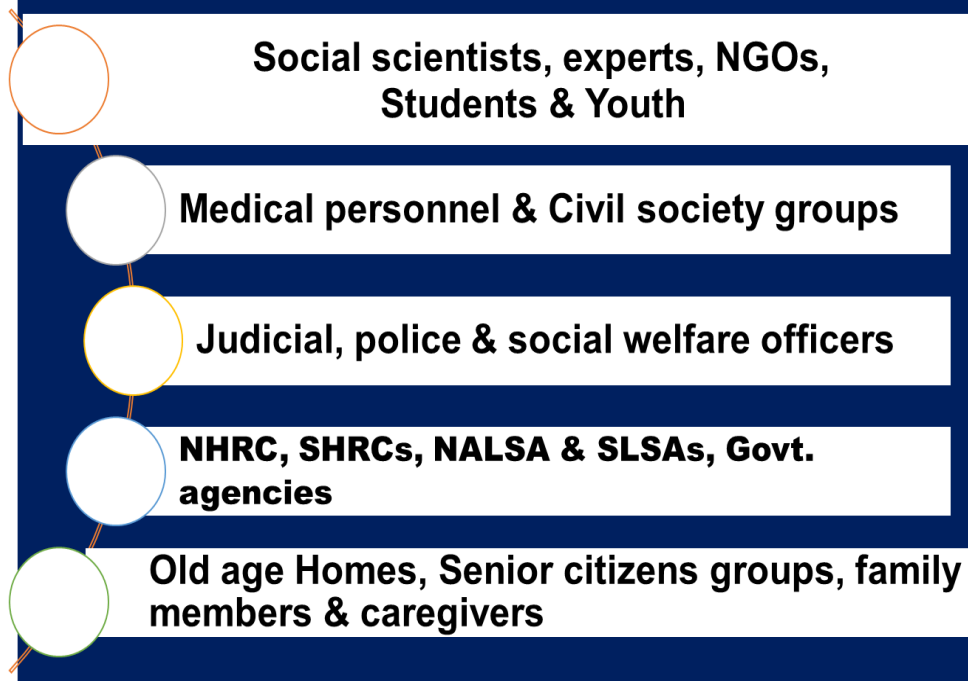


## III. TOTAL NO. OF PROJECTS UNDER AVYAY WITH RRTC ANUGRAHA

STATES	NUMBER
• DELHI	3
• UTTARAKHAND	2
• UTTAR PRADESH	37
• HARYANA	15
• J&K, LADAKH	14
• TOTAL :	71

#### IV. Profile of Beneficiaries & stakeholders :

##### **Profile of beneficiaries & Collaborators :**



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## **V. About Anugraha:**

Anugraha is a national voluntary organization, dedicated to the interests of older persons. It is a leading collaborative agency with Min. of SJ&E and has organized several national seminars, workshops and National consultative meets involving hundreds of senior citizens, academicians, NGOs, and civil society persons, who have benefited from these diversified programs.

Working for marginalized & rural communities, since year 2000, this national voluntary organisation has largest database on rural elderly. It has organised several international, national seminars, training programs & Consultations on issues impacting the aged. Operational in five states of India, it has forged effective network with NGOs, medical colleges, academic institutes, psychologists and care givers. Giving impetus to lifelong learning and 2nd careers, Community Trainings in Computers for Senior Citizens have been organized. Sensitization programmes on Promoting Micro Credit among Elderly, Mega Cultural Events on “Celebrating Graceful Ageing”, walkathons and felicitation of eminent elderly on International Day for Older Persons are innovative initiatives. Active champion of Rights of the Elderly in India, Anugraha pioneered capacity building of NGOs, Judicial & police officers, State Govt. officials & Human Rights Commissions. Provided medical screening, Mobile Medical care, medicines to over 15000 patients, 6000 cataract surgeries through Multi specialty Medical Talk. Participation and presentation made in about two -dozen National and International forums. Signed MOU with Senior Citizens Council, Republic of Mauritius and led several social exchange delegations of elderly. Anugraha has published two books titled “Active Ageing in the New Millennium” & “Coping with Ageing: Emerging issues & Strategies in India & South Asia”.

As member of State Council for older persons, Govt. of Delhi NCT, Anugraha formulated the “State Policy on older persons”. In its Day Care & Recreation Center, supported by Govt. of Delhi NCT Delhi, Anugraha is running e-learning and computer center, library, counselling, spiritual & social support programs for senior citizens. Anugraha is a zonal chairperson of Indian society for Universities of Third age (U3A). For the first time in India, it mobilized corporate groups to include age care in their CSR initiatives. It has worked with International Collaborators like UNESCAP, FAO, Southern Cross Care, Australia & International Federation on Ageing, Canada. Anugraha is one of the member in the Core Group on Elderly Persons constituted by NHRC.





*Anugraha... working for Age friendly India*

**Healthy Ageing : Training & Capacity Building :  
Advocacy : Integrated Day Care**



**VI. PROGRAMMES CONDUCTED BY RRTC ANUGRAHA  
THROUGH NISD IN  
FY 2023-24**

**OUTREACH IN NISD'S PROGRAMS**

<b>YEAR 2023-2024</b>	<b>BENEFICIARIES</b>	<b>TOTAL PROGS.</b>
	<b>175</b>	<b>07</b>

**Total No. of Programmes : 07**

TITLE	NO. OF PROG S.	STATUS	TARGET GROUP	EXPENDITURE INCURRED	NUMBER OF BENEFICIARIES
• 3 Days Residential Training Programme on prevention and Care for Dementia	01	DONE IN HARYANA  RESIDENTIAL	NGO / OAH staff	1,23,500/-	25
• 5 Days outreach Programme on basic elderly care	01	DONE IN UTTARAKHAND  NON-RESIDENTIAL	FAMILY MEMBERS	80,125/-	25
• 3 Months Certificate Course on Geriatric Care for Geriatric Caregivers	05	TWO ONGOING IN DELHI THREE IN PREPARATION STAGE  NON-RESIDENTIAL	YOUTH	23,62,500/-	125

**VII. PROGRAMMES CONDUCTED BY RRTC ANUGRAHA - SELF INITIATIVE - FY 2023-24**

**AWARENESS & SENSITISATION PROGRAMS ON AGED CARE**

**YEAR 2023-2024 BENEFICIARIES - 5160**

- The Summer Internship Programme 2023 of approx. 175 Law students from NALSA & DSLSA from 13th June, 2023 till 21th June, 2023.
- Organised community outreach & street plays on Rights of Senior Citizens on family bonding, Elderline By Anugraha Geriatric Animators.
- Intergenerational community bonding programs.

TITLE				Number of trainees
MASS	MULTI	ACTIVITY	EVENTS	3010
(World Environment day, Azadi ka Amrit Mahotsav, Sewa Diwas, Swachhta Diwas, International Yoga Day & World elder abuse awareness day, International Day of Older Persons & other National & International days )				
BENEFICIARIES IN RRTC's FIELD OUTREACH CENTRES FOR AWARENESS CAMPAIGNS				2150
TOTAL OUTREACH (2023-24)				5160

## VIII. COMMUNICATION & PUBLICITY CAMPAIGN

Towards achieving a proper adjustment between the target group, i.e. older persons and social environment, a *communication & publicity campaign* was launched through:

- A. Leaflets, handouts, posters & banners.
- B. Poster making
- C. Audio/visual shows
- D. Informative Youtube Videos

List of I.E.C Material on senior citizens : Brochures, pamphlets and wide ranging information material was developed in hindi and english on following themes.

It was distributed among NGOs, educational Institutions, senior citizen associations and in public at large with an aim to create awareness about Govt schemes on elderly, MWPSC Act, mental health and other morbidities in old age and preparing and circulating guidelines for a model old age home.

### Themes covered:

- Diet & nutrition in old age
- Stop elder abuse : Sensitisation Program on Safety & Security of Senior Citizens
- Dimensions of healthy & active ageing - Mental health (dementia, depression, geriatric counselling etc.)
- Covid & elderly care
- Tips for geriatric caregivers

RRTC Anugraha undertook following key steps and initiatives to further the cause of advocacy & awareness generation on age care issues :-

S.no	Initiatives
I.	UN World Elder Abuse Awareness Day
II.	Celebration Of International Yoga Day
III.	Azadi Ka Amrit Mahotsav : India @75
IV.	International Day Of Older Persons
V.	Sewa Diwas
VI.	Annual Regional Workshop
VII.	Preparation Of I.E.C Material on MWPSC ACT
VIII.	Awareness, Advocacy and sensitization online programmes

- Title: Dimensions of Healthy & Active Ageing

You tube Link: <https://www.youtube.com/watch?v=dr-LvNo6uNk&t=4s>

- Title: Webinar on Oral Health, Ortho, Pulmonary, Etc.

You tube Link: <https://youtu.be/xmtdXBV1nbY>

- Sensitization Program on Ageing with Dignity: Role of Intergenerational Bonding

You tube Link: [https://www.youtube.com/watch?v=n\\_sSqppctYc](https://www.youtube.com/watch?v=n_sSqppctYc)

- Title: Sensitization Program on Ageing with Dignity: Role of Intergenerational Bonding

You tube Link: <https://www.youtube.com/watch?v=3fRj0wTUygE>

- Title: Sensitization Program on Strengthening Intergenerational Bonding for Youth/ Students

You tube Link: <https://www.youtube.com/watch?v=Gad8mr14s5s>

- Title: Sensitization Program on Strengthening Intergenerational Bonding for Youth/ Students

You tube Link: <https://www.youtube.com/watch?v=DoT5MrD4tRM>

- Effective Tips For Caregiving During COVID 19 Pandemic

- <https://www.youtube.com/watch?v=DIB89MO9WwI&list=UUYaqfEvQjXLVSU15Q1J4MaA&index=22>

- Impact of COVID 19 pandemic on senior citizens: Challenges & Solutions  
<https://www.youtube.com/watch?v=uFqDh7VjUGw&list=UUYaqfEvQjXLVSU15Q1J4MaA&index=8>

- Impact of COVID 19 pandemic on senior citizens: Challenges & Solutions  
<https://www.youtube.com/watch?v=be4w5kx0kg&list=UUYaqfEvQjXLVSU15Q1J4MaA&index=7>

- MWPSC Act & legal provisions for senior citizens on 16th March, 2021  
<https://www.youtube.com/watch?v=CvCL8z-D-XI&list=UUYaqfEvQjXLVSU15Q1J4MaA&index=6>

- Important policies & programs regarding Geriatric care in India

<https://www.youtube.com/watch?v=ic2wVntdGZI&list=UUYaqfEvQjXLVSU15Q1J4MaA&index=5>

- MWPSC Act & legal provisions for senior citizens  
[https://www.youtube.com/watch?v=MvN5ypvK\\_Q8&list=UUYaqfEvQjXLVSU15Q1J4MaA&index=4](https://www.youtube.com/watch?v=MvN5ypvK_Q8&list=UUYaqfEvQjXLVSU15Q1J4MaA&index=4)
- Important policies & programs regarding Geriatric care in India  
<https://www.youtube.com/watch?v=x1gcRrxUggA&list=UUYaqfEvQjXLVSU15Q1J4MaA&index=3>
- Effective Tips For Caregiving During COVID 19 Pandemic  
<https://www.youtube.com/watch?v=PaFJqGNX61g&list=UUYaqfEvQjXLVSU15Q1J4MaA&index=2>

Important policies & programs regarding Geriatric care in India  
<https://www.youtube.com/watch?v=EPWi0enwgmw&list=UUYaqfEvQjXLVSU15Q1J4MaA&index=1>

## IX. MONTHLY ACTIVITIES

1.	<b>APRIL 2023</b>	<ul style="list-style-type: none"> <li>• Meeting Regarding National Action Plan for Senior Citizens with Govt. officials</li> <li>• Lecture on Maintenance &amp; welfare of Parents &amp; Senior Citizens Act, 2007</li> <li>• Preparation of I.E.C Material on elderly</li> <li>• Meeting regarding programmes/Schemes for Senior Citizens under the Secretary (SJ&amp;E)</li> <li>• Meeting of the Core Group on Disability and Elderly Persons at NHRC</li> <li>• Multi speciality medical camp by Kailash Deepak hospital for Senior Citizens Mega health check-up, consultation , special Ortho camp by Medilite Hospital on 30th</li> <li>• Compilation of data on activities conducted with NISD for FY-2022-23</li> </ul>
2.	<b>MAY 2023</b>	<ul style="list-style-type: none"> <li>- Research &amp; secondary data compilation on Health issues and elderly care</li> <li>- Conducted caregiver support programme</li> <li>- Program planning to observe World Elder Abuse Awareness day (WEAAD) on 15th June, 2023</li> <li>- Program planning to observe International Yoga Day on 21st June, 2023</li> <li>- Held consultative meetings with stakeholders to formulate NISD action Plan 2022-23</li> <li>- Meetings on the training of geriatric caregivers &amp; bed side assistants in Delhi with Dept. of Social Welfare, Govt. of NCT of Delhi</li> <li>- Mega health check-up, consultation , special Ortho camp by Medilite Hospital for elderly</li> <li>- Compilation process of Annual RRTC report and application for RRTC Grant in Aid for financial year 2023-24</li> <li>- Lecture on psychological well being of senior citizens</li> <li>- Conduct Internship programme for law students on geriatric care launched District Legal Service Authority</li> <li>- Lecture on psychological well being of senior citizens</li> </ul>
3.	<b>JUNE 2023</b>	<ul style="list-style-type: none"> <li>- The Summer Internship Programme 2023 of DLSA commenced from 13<sup>th</sup> June, 2023 till 21<sup>th</sup> June, 2023. In this Programme DLSA sent law Students who have been enrolled in Summer Internship Programme-2023 to various institutions</li> <li>- Meeting of Executive Council of NISD</li> <li>- Observance of UN World Elder Abuse Awareness Day, with DCP Shahdara - 15th June</li> </ul>

		<ul style="list-style-type: none"> <li>- Self defence training for senior citizens</li> <li>- Police training &amp; sensitisation programme</li> <li>- Certificate distribution to geriatric care trainees</li> <li>- Observed International Yoga Day on 21st June, 2023</li> </ul>
4.	<b>JULY 2023</b>	<ul style="list-style-type: none"> <li>- Discuss recommendations &amp; suggestions to improve and rehabilitate destitute senior citizens.</li> <li>- Data updating of all Grantee NGOs regarding GIA</li> <li>- PFMS orientation</li> <li>- Program planning for Independence Day Celebration</li> <li>- Organised a Police Help desk for Senior Citizens</li> <li>- Organised Healthy ageing workshop for Senior Citizens</li> <li>- Discussion regarding making Ambala Cantt area age friendly with CEO, Cantonment Board, Ambala</li> <li>- Implementation of action plan of sensitization &amp; training progs. of NISD</li> </ul>
5.	<b>AUGUST 2023</b>	<ul style="list-style-type: none"> <li>- Online Training Programme for family caregivers and health personnel on "Health Issues of Senior citizens"</li> <li>- Occasion of independence Day "Legal Awareness Session &amp; Cultural Program by 200 Senior Citizens at Swabhiman Parisar Delhi. Chief Guest Dr.D.M.Mulay, Member NHRC</li> <li>- Tips on physical safety &amp; security by SHO, Vivek Vihar</li> <li>- Awareness program on "Making of WILL, necessary laws &amp; procedures for elderly" by DLSA SHAHDARA.</li> <li>- Celebration of World Senior Citizens Day, with Sharp Sight center group of hospitals. Eye check up &amp; cataract eradication camp</li> <li>- Talk on health insurance &amp; medical checkup camp by Bajaj Allianz</li> </ul>
6.	<b>SEPTEMBER 2023</b>	<ul style="list-style-type: none"> <li>• Planning and preparatory meetings for various programmes lined up for the October in "Elders Month"</li> <li>• of National Nutrition week</li> <li>• Observance of World Physical Therapy Day</li> <li>• Observance of "Sewa Diwas" &amp; World First Aid Day : Training on First aid, BLS, CPR etc.</li> <li>• Observance of World Alzheimer's Day</li> <li>• IDOP celebration plan prepared and sent to all social welfare departments of state govts.</li> <li>• Observance of World Heart Day and Cardiology check up camp</li> <li>- Lecture on cancer awareness on occasion of the world day for the Welfare of Cancer Patients</li> </ul>
7.	<b>OCTOBER 2023</b>	<ul style="list-style-type: none"> <li>• CELEBRATION OF INTERNATIONAL DAY OF OLDER PERSONS &amp; "ELDERS MONTH" (OCT. 2023)</li> <li>• Swachhata Pakhwada (Swachhata Hi Seva, 2023)</li> </ul>



8.	<b>NOVEMBER 2023</b>	<ul style="list-style-type: none"> <li>• Interactive session with senior citizens during visit of Shri Prabhat Nayak, DIG, CRPF, Manipur</li> <li>• In occasion of National Legal Services Day: A Special session on Legal Literacy for senior citizens by Mr. Dinesh Kumar Gupta, advocate</li> <li>• Eye check up &amp; Consultation By Sharp sight Centre for Senior Citizens</li> <li>• Talk on staying healthy in winter season, Tips for senior citizens, especially asthma patients</li> <li>• Session on Laughter yoga by Bliss Laughter club</li> </ul> <p>Health check-up &amp; Consultation with lecture on Healthy and active ageing, diet &amp; nutrition</p>
9.	<b>DECEMBER 2023</b>	<ul style="list-style-type: none"> <li>• Five Days Outreach Programme For Primary /family Caregivers Haridwar, Uttarakhand</li> <li>• On occasion of Human Rights Day: A Special session on Legal Literacy</li> <li>• Three Days residential Training Programme For Dementia Care/ Management At Ambala Haryana sponsored by NISD.</li> <li>• Organised One day Annual regional workshop of the grantee NGOs in December 2023 in Ambala Haryana. It was attended by 30 representatives of various old age homes from North India. The resource persons highlighted the model rules and procedures that all old age homes should follow. Participants were taught PFMS/ EAT module. Other documentation, CCTV, website maintenance etc to be followed as per ministry's guidelines.</li> <li>• Implementation of 3 months certificate course on bed side assistants and geriatric caregivers in Jammu, Uttarakhand, Delhi, U.P. sponsored by NISD.</li> <li>• Implementation of 3 months certificate course on bed side assistants and geriatric caregivers in Jammu, . sponsored by Social Welfare Dept. UT of Jammu.</li> </ul>
10.	<b>JANUARY 2024</b>	<ul style="list-style-type: none"> <li>- National Girl Child Day- Journey from female foeticide to Women empowerment</li> <li>- Meeting Regarding National Action Plan for Senior Citizens with Govt. officials</li> <li>- Meeting regarding programmes/Schemes for Senior Citizens under the Secretary (SJ&amp;E).</li> <li>- National Youth Day- Reliving and celebrating the never-ending strength and endurance of senior citizens.</li> <li>- Compilation of data on activities conducted, annual report compilation, accounts entry regarding RRTC</li> <li>- Conducted caregiver support/ counselling programme</li> <li>- Compilation of reports &amp; accounts of all NISD programs. Documentation &amp; report writing work.</li> <li>- Review meeting with Secretary MSJE</li> <li>- Implementation of 3 months certificate course on bed side assistants and geriatric caregivers in Jammu, Uttarakhand,</li> </ul>

		<p>Delhi, U.P.</p> <ul style="list-style-type: none"> <li>- Implementation of 3 months certificate course on bed side assistants and geriatric caregivers in Jammu, . sponsored by Social Welfare Dept. UT of Jammu.</li> <li>- Legal Aid Clinic for senior citizens</li> </ul>
11.	<b>FEBRUARY 2024</b>	<ul style="list-style-type: none"> <li>- Training of senior citizens &amp; Family members on basic life support, First Aid &amp; CPR techniques</li> <li>- Implementation of 3 months certificate course on bed side assistants and geriatric caregivers in Jammu, Uttarakhand, Delhi, U.P.</li> <li>- Focused group discussion/ information sharing sessions on healthy ageing, Caregiving needs in old age</li> <li>- Intergenerational bonding program with youth(Swachhta /cleanliness drive, slogan writing, painting, etc.)</li> <li>- Lecture on Eye care during winter season</li> <li>- Planning for 2nd Phase NISD programmes</li> <li>- Review meeting &amp; presentation on annual achievement in NISD</li> <li>- Data compilation , report writing, Documentation of beneficiaries</li> <li>- Lecture &amp; demonstration session on “Pain Management” by Acupressure and Marma Therapy</li> <li>- Implementation of 3 months certificate course on bed side assistants and geriatric caregivers in Jammu, . sponsored by Social Welfare Dept. UT of Jammu.</li> </ul>
12.	<b>MARCH 2024</b>	<ul style="list-style-type: none"> <li>- NHRC Meeting of the Core Group on Older Persons</li> <li>- Implementation of 3 months certificate course on bed side assistants and geriatric caregivers in Jammu, Uttarakhand, Delhi, U.P.</li> <li>- Implementation of 3 months certificate course on bed side assistants and geriatric caregivers in Jammu, Uttarakhand, Delhi, U.P.</li> <li>- Review meeting &amp; presentation on annual achievement in NISD</li> <li>- Data compilation , report writing</li> <li>- Documentation of beneficiaries</li> <li>- Account compilation work of RRTC</li> <li>- Celebration of International Women’s Day in Swabhiman parisar Delhi – A special prog. dedicated to older women’s contribution was organised.</li> <li>- Healthy ageing session for senior citizens with special focus on Physiotherapy and staying active in old age, in Swabhiman parisar Delhi.</li> <li>- Awareness program on World Consumer Rights Day</li> <li>- Celebration of International Day of Happiness</li> <li>-</li> </ul>

**X. List of Videos / audio visual IEC material of RRTC Anugraha**

1. INTERGENERATIONAL BONDING
2. DIMENSIONS OF ELDER ABUSE AND INITIATIVES TAKEN IN SWABHIMAN PARISAR FOR SENIOR CITIZENS
3. EK MUTTHI AASMAN NALSA THEME SONG
4. MWPSA ACT 2007
5. NALSA- STORY
6. HEALTH TIPS FOR SENIOR CITIZENS
7. ADVOCACY AND AWARENESS FOR ELDER CARE
8. RESPECT ELDERS- A SHORT FILM
9. ABOUT DSLSA & SWABHIMAN PARISAR

**LIST OF PPTS**

1. ANUGRAHA JOURNEY 2022
2. ANUGRAHA YOUTHFUL ELDERS: ZUMBA DANCE
3. GOLDEN MOMENTS- SWABHIMAN PARISAR
4. NALSA STORY- RIGHTS OF SENIOR CITIZENS
5. UN WORLD ELDER ABUSE AWARENESS DAY- PREVENTING ELDER ABUSE AND PROMOTING AGEING WITH DIGNITY
6. SENSITISATION ON AGEING WITH DIGNITY
7. CAREGIVERS FOR PATIENTS LIVING WITH DEMENTIA
8. COMMUNICATION TIPS FOR DEMENTIA CARE
9. GERIATRIC CARE- MENTAL DISORDERS
10. MWPSA ACT, 2007
11. HEALTHY AGING
12. GOVERNMENT POLICIES FOR SENIOR CITIZENS
13. INTRODUCTION TO PRIMARY CAREGIVERS
14. MODEL COMPLEX FOR WELFARE OF SENIOR CITIZENS IN DELHI
15. ANXIETY AND DEPRESSION IN OLD AGE & TIPS FOR CAREGIVERS

## **XI. MONITORING OF GRANTEE NGOS**

Regarding monitoring of the work of the grantee institutions, RRTC team contacted the ageing section in the Ministry of Social Justice & Empowerment, Gol and collected and compiled the list of NGOs receiving Grant/in/aid in states of Delhi, Haryana, Jammu & Kashmir and Uttarakhand. A comprehensive format was developed (Annexure-A) to collect and Compile basic information on the NGOs receiving Grant in aid from the Ministry of Social justice & Empowerment.

### **Objective:**

- To collect comprehensive information regarding their project
- pattern of GIA received, problems faced, feedback and suggestions
- To assess the Training needs of the functionaries of NGOs
- To train NGOs in proposal formulation, report writing, documentation & effective implementation; To share the experiences, good practices & feedback of the NGOs

### **Training need assessment areas suggested by NGOs:**

- Proposal development & documentation
- Care giving skills
- Staff soft skills development & communication
- MWPSC Act & legal rights
- Concessions & welfare schemes by different Ministries on senior citizens
- Life long learning & self employment for senior citizens
- Minimum standards for services & practices in age care institutions
- Bringing sustainability and fund raising
- PFMS Accounting & documentation

### **MONITORING OF NGOS**

#### **LIST AS IN 2023-24**

	STATE	NAME	LOCATION
1.	AMBALA HARYANA	HARYANA NAV YUVAK KALA SANGAM	46, SECTOR-1, OPP. COMMUNITY CENTRE, ROHTAK - 124001
2.	BHIWANI HARYANA	ECO CLUB	NEAR MULTANI DHARAMSALA, WARD NO. 7, SIWANI MANDI
3.	BHIWANI HARYANA	ECO CLUB	NEAR MULTANI DHARAMSALA, WARD NO. 7, SIWANI MANDI
4.	FARIDABAD HARYANA	ASSOCIATION FOR THE WELFARE OF HANDICAPPED	PLOT NO 4 BEHIND F.C.I GODOWN NEAR JAIN MANDIR, DABUA ROAD N.I.T

5.	JHAJJAR HARYANA	SOCIETY FOR ALL AROUND HUMAN DEVELOPMENT	H.NO 59/5, INDRA PARK, STREET NO 1, LINE PAR, BAHADURGARH, JHAJJAR(HARYANA), PIN- 124507
6.	JIND HARYANA	AMAR JYOTI FOUNDATION	NEAR LIJWANA CHUNGI, JULANA, PIN-126101
7.	MAHENDRAGARH HARYANA	SOCIETY FOR EDUCATION AND WELFARE ACTIVITIES SEWA	SEWASOCIETY FOR EDUCATION AND WELFARE ACTIVITIESNEAR POWER HOUSE, CHOUDHANI, VPO NANGAL CHOUDHARY, NARNAULDISTRICT MAHENDERGARH
8.	PANCHKULA HARYANA	DISTT. RED CROSS SOCIETY	DISTT. RED CROSS SOCIETY. C/O OLD AGE HOME SECTOR-15, PANCHKULA-134112
9.	PANIPAT HARYANA	LOK KALYAN FOUNDATION	BLUE JAY ROAD, SAMALKHA,DISTT- PANIPAT,PIN-132101, STATE- HARYANA
10.	ROHTAK HARYANA	CHAUBISEE VIKAS SANGH	ISHWAR SADAN OPPOSITE CHAUBISEE KA CHABUTRA MEHAM DISTT ROHTAK HARYANA PIN CODE 124112
11.	SIRSA HARYANA	FARMERS AND RURAL EMPOWERMENT SOCIETY OF HARYANA	HEAD OFFICE- VPO- BISHANPURA, JIND, HARYANABRANCH OFFICE- 195A, MAKAR ATTA CHAKI, NEAR CENTRAL SCHOOL, D.C. COLONY, SIRSA, PIN- 125055
12.	SONIPAT HARYANA	ADARSH SARASWATI SHIKSHA SAMITI	ADARSH SARASWATI SHIKSHA SAMITI SANT GARIB DASS GALI NO. 2 KAKROI ROAD, SONIPAT HARYANA PIN-131001
13.	SONIPAT HARYANA	SAMAJ KALYAN SHIKSHA SAMITI	SAMAJ KALYAN SHIKSHA SAMITI, 130, JATTAN MOHLLA, KARNAL, HARYANA,
14.	YAMUNANAGAR HARYANA	BHARTIYA GRAM SUDHAR SABHA	228/29, RAM GOPAL COLONY, ROHTAK-124001
15.	DELHI	NEW INDIA EDUCATIONAL AND CULTURAL SOCIETY	L-264 SHYAM BHAWAN (DAKSHIN PURI) DR AMBEDKAR NAGAR SEC-5 NEW DELHI -110062

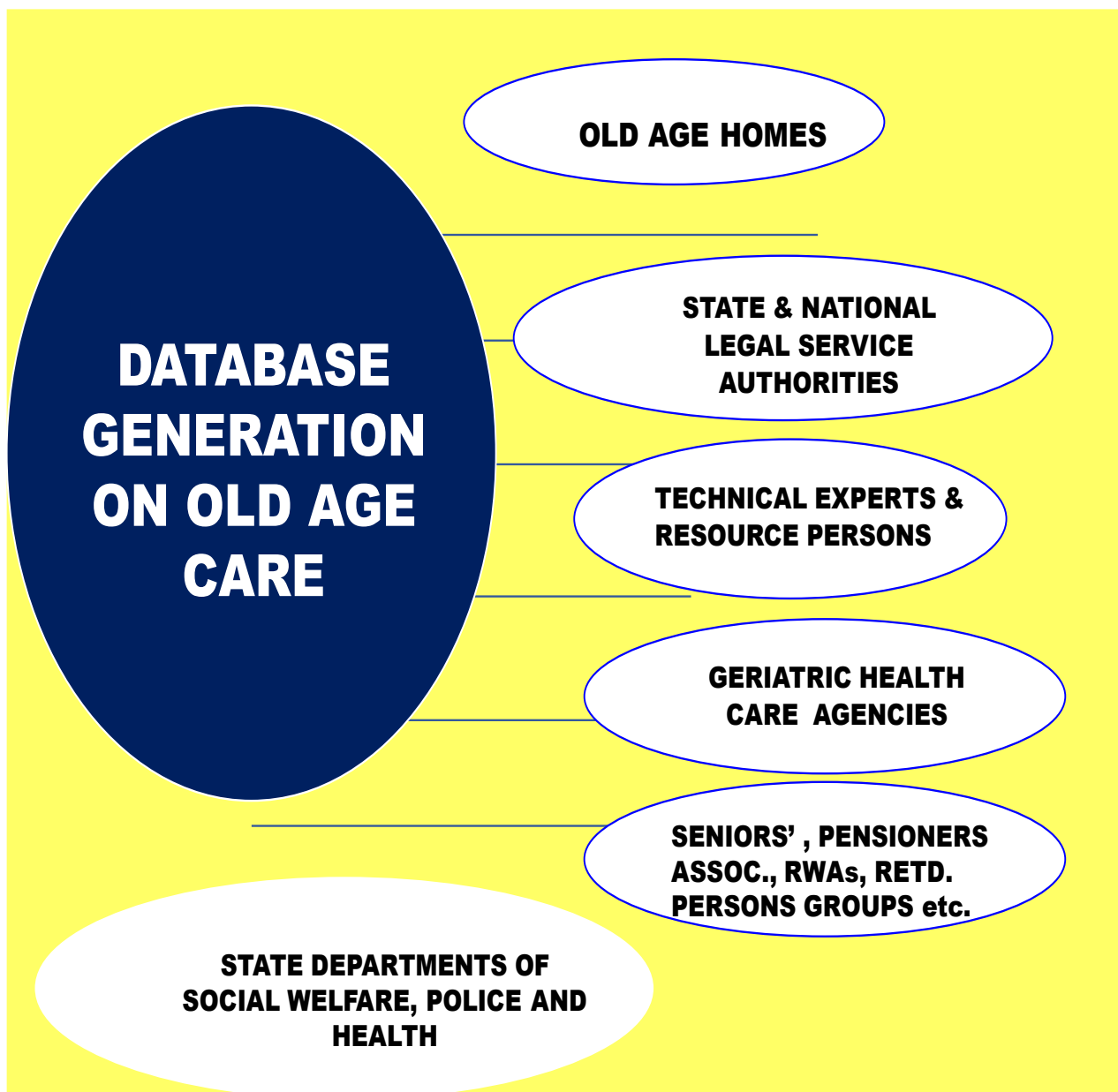
16.	DELHI, NORTH EAST	NARI UTTHAN SAMITI	185/31-A,MAIN KRISHNA GALI NO-5, MAUJPUR, DELHI-110053
17.	SOUTH	ROJAVANAM	SAINIK FARMS
18.	ANANTNAG, UT OF J&K	HILAL INSTITUTE ANANTNAG	NAI BASTI, GEN BUS STAND ANANTNAG, PIN-192101
19.	ANANTNAG, UT OF J&K	HUMAN WELFARE FOUNDATION	310, 2ND FLOOR, LONE BUILDING ROOM NO 310 K.P ROAD ANANTNAG 192101 JAMMU , PIN-192101
20.	BADGAM, UT OF J&K	J AND K STUDENTS WELFARE MISSION	BANDIPORA-DISTRICT, ASHTANGOO, JAMMU AND KASHMIR PIN-193502
21.	BADGAM, UT OF J&K	J AND K STUDENTS WELFARE MISSION	ASHTANGOO, PIN-193502
22.	BANDIPORA, UT OF J&K	J AND K STUDENTS WELFARE MISSION	BANDIPORA-DISTRICT, ASHTANGOO, JAMMU AND KASHMIR PIN-193502
23.	GANDERBAL, UT OF J&K	HOPE DISABILITY CENTRE AN UNDERTAKING OF SHE HOPE	HOPE DISABILITY CENTRE, NEAR WAYIL BRIDGE,GANDERBAL, 192101
24.	KISHTWAR, UT OF J&K	ASRARIA INSTITUTE AND TECHNICAL EDUCATION	KISHTWAR, PIN-182204
25.	KULGAM, UT OF J&K	VOLUNTARY ORGANIZATION ON ENVIRONMENTAL AND SOCIO	TAJ BUILDING OPPOSITE D.C. OFFICE LAL CHOWK ANANTNAG -192101
26.	RAJOURI, UT OF J&K	PUBLIC PEACE AND DEVELOPMENT FOUNDATION	SANGLA MOHALLA DHAND MOLVIAN , TEHSIL SURANKOTE, DISTRICT POONCH, JAMMU AND KASHMIR, 185121(MOB. 9622730630), PIN-185121
27.	REASI, UT OF J&K	PUBLIC PEACE AND DEVELOPMENT FOUNDATION	SANGLA MOHALLA DHAND MOLVIAN , TEHSIL SURANKOTE, DISTRICT POONCH, JAMMU AND KASHMIR, 185121(MOB. 9622730630), PIN-185121
28.	SAMBA, UT OF J&K	MUSKAN FOUNDATION VIJAYPUR	CANAL ROAD VIJAYPUR SAMBA, PIN-184120
29.	SHOPIAN, UT OF J&K	J AND K STUDENTS WELFARE MISSION	ASHTANGOO, PIN-193502
30.	SRINAGAR, UT OF J&K	HUMAN ORGANISATION FOR PATRONISATION OF ENVIRONMENT (HOPE)	H.NO.28, JIA SARIA, HAUZ KHAS ,NEW DELHI-110016, PIN-110016
UTTAR PRADESH			
31.	AGRA	GUARDIAN ANGELS OF NATION EDUCATIONAL AND WELFARE TRUST	A1302, SECTORI, LDA COLONY, AASHIYANA, PIN-226012
32.	BAGHPAT	SARVJAN SHOSHIT SAMAJ SEVA SAMITI	B.B. KHERAGOKUL GRAM YOGNA LUCKNOW226021, PIN-226021

33.	BAHRAICH	ADARSH KALYAN SEVA SAMITI	54/2,JOSHIYAPURA,BAHRAICH,UTTAR PRADESH 271801
34.	BALIA	DR AMBEDKAR MEMORIAL AND RURAL DEVELOPMENT SOCIETY	VILL AND POST PARSIA JAI RAM GIRI DISTT MAU 221601, PIN-221601, VILL-MUSSEPUR, POST-MANDAWALIDISTT-BIJNOR (UP) 246749, PIN-246749
35.	BALRAMPUR	PAWAN SEVASANSTHAN	MOH-MEWATIYAN, TARABGANJ ROAD, CHUNGI NAKA RAJENDRA NAGAR, GONDA, UTTAR PRADESH - 271001
36.	BANDA	SOCIETY FOR PREVENTION OF ALCOHOLISM & SUBSTANCE DRUG ABUSE	VILL CHAPRO PO BISARI MEZA ALLAHABAD-212306(U.P.)
37.	BAREILY	UPASANA JAN KALYAN SEVA SAMITI	VILL MADHUPURI, POST DIGOI, TEHSIL AONLA DISTT BAREILLY 243301
38.	BIJNOR	ARYA SUGANDHA SANSTHAN	VILLAGE MUSSEPUR POST MANDAWALI TEHSIL NAJIBABAD DISTRICT BIJNOR PIN CODE 246749 UTTAR PRADESH
39.	BUDAUN	SHAKUNTALA DEVI KHADI GRAMODYOG SEWA SANSTHAN	VILLAGE MADHUPURI, POST DIGOI: TEHSIL AONLA DISTT BAREILLY 243301
40.	CHANDOLI	JAN KALYAN GRAMODYOGSEVA ASHRAM	VILLAGE AND POST BAHUARA, DISTT SONEBHADRA ADMINISTRATIVE OFFICENICE NIWAS, HAMID NAGAR, ROBERTSGANJ SONEBHADRA UP, PIN-231216
41.	CHITRAKOOT	GRAMOTTHAN JAN SEWA SANSTHAN	82B/4 RASOOLABAD, ALLAHABAD PIN 211004
42.	CHITRAKOOT	GRAMOTTHAN JAN SEWA SANSTHAN	82B/4 RASOOLABAD, ALLAHABAD PIN 211004
43.	FAIZABAD	SHANTI SARVODAYA SANSTHAN	SHANTI KUNJ MOHALLA MEWATIYAN TRABGANJ ROAD DISTRICT GONDA UP PIN CODE 271001
44.	FARRUKHABAD	MANNIYA SRI PARMANAND GUPT SAMARPIT MANAV SEVA VIKASH SHIKSHAN CHARITABLE SOCIETY	55 C MOTI LAL NEHRU ROAD BILVARIOUR PRESS TEHSIL SADAR PRAYAGRAJ, UTTAR PRADESH., PIN-211002
45.	GHAZIABAD	SRI SAI SATAYU NIROG SANSTHA AND BIOTECH RESEARCH SOCIETY	54, SHAKTI KHAND III, INDIRAPURAM, GHAZIABAD, UP, PIN-



			201014
46.	GHAZIPUR	GEETA GRAMODYOG VIKAS SANSTHAN	VILL BHARHAPARA, BALESARGANJ, WAJIRGANJ, DISTT-GONDA, UTTAR PRADESH PIN-271001
47.	GONDA	SANGAM VIKAS SEWA SANSTHAN	VILL PURE GADA POST MOHNA DISTT GONDA TEHSIL COLONELGANJ, UTTAR PRADESH - 271504
48.	GORAKHPUR	SARVARTH SEVA SANSTHAN	NEW NANDI VIHAR COLONY, SARAI SHEKH, CHINHAT, PIN-226028
49.	HAMIRPUR	SANJEEVANI	62/14A RAJAPUR ALLAHABAD, PIN-211001
50.	HAPUR(SR)	SHAKUNTALAM WELFARE SOCIETY	L-45, VRINDAVAN GARDEN NEAR SATYAWATI KUTIRJAIN MANDIRSAHIBABAD-201005
51.	HARDOI	MANAV UTHAN SAMITI	D-261 NEW COLONY PARA ROAD RAJAJIPURAM LUCKNOW, UTTAR PRADESH-226017
52.	JHANSI	PARAKH	VILL THARBIHAR PO PINDI TEHSIL KARCHHANA DISTRICT PRAYAGRAJ(ALLAHABAD) -UP INDIA -212301
53.	KANPUR NAGAR	SHREE RAMESHWAR GANGA ASHRAM	OLD AGE HOMEPANKI-NEAR KACHHUA TALABKANPUR-208020, PIN-208020
54.	KAUSHAMBI	EX-SERVICEMAN SOCIAL WELFARE SOCIETY	EX SERVICEMAN SOCIAL WELFARE SOCIETY 82F/182 RSULABAD, P.O. - CAVALARYLINES(TELIARG ANJ) ALLAHABAD PIN-211004
55.	KAUSHAMBI	EX-SERVICEMAN SOCIAL WELFARE SOCIETY	82F/182 RSULABAD, P.O. - CAVALARYLINES(TELIARG ANJ) ALLAHABAD, UTTAR PRADESH PIN-211004
56.	KAUSHAMBI	GRAMOTTHAN JAN SEWA SANSTHAN	82B/4 RASOOLABAD, ALLAHABAD PIN 211004
57.	LALITPUR	GP EDUCATIONAL & RESEARCH SOCIETY	VII SURENDRAGARH THARBIHAR KARCHHANA ALLAHABAD-212301, PIN-212301
58.	LUCKNOW	SHAHEED MEMORIAL SOCIETY	E - 1698 RAJAJIPURAM LUCKNOW 226017
59.	LUCKNOW	SHAHEED MEMORIAL SOCIETY	E - 1698 RAJAJIPURAM LUCKNOW 226017
60.	MAHOB	JAGRITIMAHILA KALIAN SHIKSHA SAMITI	189/1RASOOLABAD ALLAHABAD(PRAYAGRAJ)

			., PIN-211004
61.	MORADABAD	JAWAHAR JYOTI SHIKSHA EVAM GRAMYA VIKAS SAMITI	VILLAGE AND POST PATWAI DISTT RAMPUR, UTTAR PRADESH- 244901
62.	PRAYAGRAJ	EX-SERVICEMAN SOCIAL WELFARE SOCIETY	EX SERVICEMAN SOCIAL WELFARE SOCIETY 82F/182 RSULABAD, P.O. - CAVALARYLINES(TELIARG ANJ) ALLAHABAD PIN- 211004
63.	RAMPUR	JAWAHAR JYOTI SHIKSHA EVAM GRAMYA VIKAS SAMITI	VILLAGE AND POST PATWAI DISTT RAMPUR, UTTAR PRADESH- 244901
64.	SANT RAVIDAS NAGAR	VATSALYA SOCIETY	VII AND POST SALKHAN DISTRICT SONEBHADRA- 231205, PIN-231205
65.	SHRAVASTI	SARYUGRAMODYOGSEVASA NSTHAN	VILL KACHANAPUR, POST- KURUTHA, TEHL- COLONELGANJ, PIN- 271502
66.	SITAPUR	SAMAJ SEWA SANSTHAN	414/238 SARAI MALI KHAN CHOWK LUCKNOW, UP - 226003
67.	SONEBHADRA	PARAKH	VILL THARBIHAR PO PINDI TEHSIL KARCHHANA DISTRICT PRAYAGRAJ(ALLAHABAD) -UP INDIA -212301
68.	SULTANPUR	VIKALP WELFARE AND RESEARCH SOCIETY	ADDRESS, SANGAM VIHAR, HAVELIYA, JHOONSI, DISTRICT, PRAYAGRAJ-211019 UP INDIA , PIN-212106
69.	UNNAO	SHREE RAMESHWAR GANGA ASHRAM	OLD AGE HOMEPANKI- NEAR KACHHUA TALABKANPUR-208020, PIN-208020
70.	HARIDWAR UTTARAKHAND	RAMARAJ GRAMODHYOG SEVA SANSTHAN KENDRA	RAMRAJ GRAMODHYOG SEVA SANSTHANSHOP PLOT NO 9, GOVINDPURI, HARDWAR, PIN-249401
71.	UDHAM SINGH NAGAR UTTARAKHAND	JAN JAGRITI SEVA SAMITI	WARD NO 8, RAMPURA, SITARGANJ, UDHAM SINGH NAGAR, (UTTARAKHAND) 262405



## **XII. LIAISONING WITH STATE GOVTS.**

Following steps were undertaken by RRTC Anugraha to **liaison with allocated State Governments** in Delhi, Haryana, Uttarakhand, Jammu & Kashmir.

### **Primarily the focus of interaction was on following points:**

1. Assistance by district administrations and State govts. to grantee OAHs
2. Extending needed assistance to Anugraha team in **identification of destitute needy elderly widows**
3. Publicity of ELDERLINE & **MWPSC Act**.
4. Training & orientation of district social welfare officers
5. Participation by state civil society organisations & social welfare officers in **online sensitization programs organised by NISD & RRTC Anugraha**
6. A delegation of Senior citizens led by Anugraha also met the above officials to request for early setting up of the Maintenance tribunals, formulation of Rules under the Act and early implementation of the said Act in the State.
7. Wide scale “Celebration of International day of older persons” (1st Oct.)
8. Collaborative meetings with NHRC & NCW.

## Research

Few impact assessment studies, TNAs, secondary research, evaluation etc. have been conducted. However, our efforts are severely restricted due to lack of any specific budgetary support in grant allocated to RRTC.

### Suggested areas of research/ survey :

- **Need assessment on status & challenges of geriatric care & family caregivers**
- **Impact of the Maintenance Tribunals (MWPSC Act) in safeguarding the human rights of older persons,**
- **Disability among the Aged in India: Status, Problems, Issues & Interventions**
- **Impact Assessment Study on Old Age Pension Schemes**
- **Status, profile & challenges of caregiving in India**
- **Minimum standards & guidelines for age care institutions**
- **Use of digital literacy in securing elderly.**

## VII. SPECIAL INITIATIVES BY ANUGRAHA AS RRTC

- Achievements in respect of methodology, coverage & outreach
- Coverage of all the States & UTs allocated by the Ministry
- Involvement Of Variety Of Stakeholders
- Media Publicity
- Outreach In Challenging Geographical & Security Terrain
- Successful Completion of All NISD'S Allocated Programs In A Very Short Span Of Time.

## Contact Details:

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**Pl. visit [www.anugrahaindia.org](http://www.anugrahaindia.org)**

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